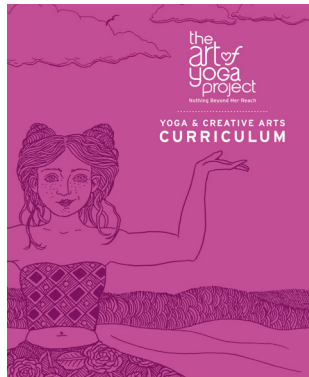
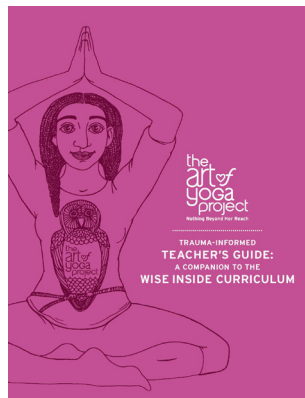


Programs Overview

- Providing a strength-based, trauma-informed, gender-responsive intervention program to at-risk, exploited and incarcerated adolescent girls in San Francisco, San Mateo, Santa Clara, Alameda and Sacramento Counties
- Yoga and Creative Arts Curriculum combines character development, health education, yoga, meditation, creative arts and writing
- Additional Curricula: Wise Inside, Girls Empowered Through Money Mindfulness, and the Aftercare Creative Arts Catalog
- Continuum of care from juvenile halls and rehabilitation facilities to aftercare sites
- 80+% of girls consistently report improvements in interpersonal skills, pro-social behavior, and emotional regulation outside of class



self-awareness,
self-respect &
self-control



“When I practice yoga I feel whole, I feel nothing is beyond my reach”

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Office Address

Sobrato Center for Nonprofits - Redwood Shores
330 Twin Dolphin Drive, Suite 131
Redwood City CA 94065

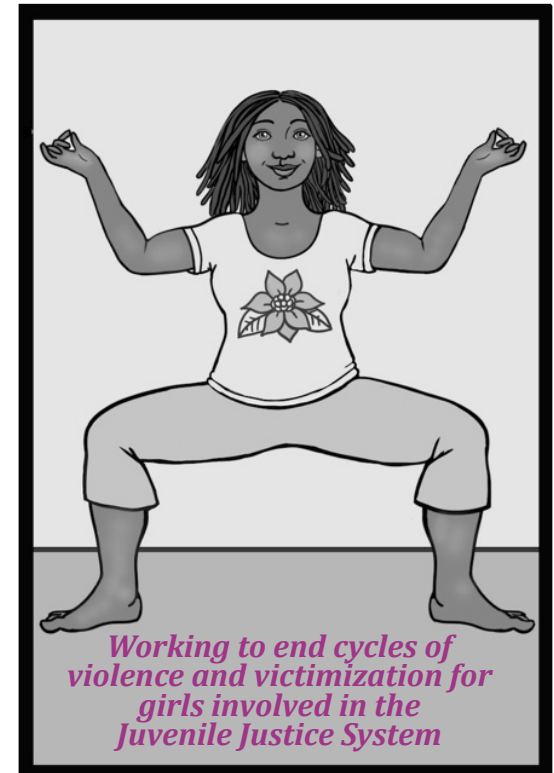
Mailing Address

555 Bryant Street #232, Palo Alto CA 94301
web: www.theartofyogaproject.org
email: office@theartofyogaproject.org

the
art of
yoga
project

Nothing Beyond Her Reach

Annual Report 2018



*Working to end cycles of
violence and victimization for
girls involved in the
Juvenile Justice System*

Financials

Statement of Financial Position as of June 30, 2018 [unaudited]

Net Assets	
Cash and Cash Equivalents	\$ 460,201
Accounts Payable	(3,500)
Net Assets -Unrestricted	<u>\$ 456,701</u>

Statement of Activities for the Year Ended June 30, 2018 [unaudited]

Revenue	
Contributed	
Foundations	\$ 136,500
Corporations	9,456
Individuals	121,195
Public Funding	275,694
	<u>542,845</u>
Events	9,705
Earned	10,052
In-Kind	27,930
	<u>\$ 590,532</u>
Expenses	
Program Expenses	\$ 467,063
Management and Administrative Expenses	76,819
Fundraising Expenses	29,523
	<u>\$ 573,405</u>
Total Increase in Net Assets	\$ 17,127
Net Assets, Beginning of Year	439,574
Net Assets, End of Year	<u>\$ 456,701</u>

The Art of Yoga Project is a 501(c)(3) non-profit organization.
Tax ID Number: 20-2448697

The Art of Yoga Project would like to recognize all of our volunteers, mentors, Advisors, Board of Directors, partner studios, and ambassadors, as well as our dedicated yoga, art and writing educators — many of whom generously donate their time, expertise, and talent to this work.

Major Contributors July 1, 2017- June 30, 2018

\$10,000 and above

Franklin & Catherine Johnson Foundation
Listen for Good/SV2
Mary Mae Foundation
QUEST Foundation
Steven and Michele Kirsch Fund
The John & Marcia Goldman Foundation
The Montgomery Family Foundation
Yoga Dana Foundation

\$1,000 to \$9,999

Pam and Tom Adams
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The Benevity Community Fund
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Vibe Yoga Studio
Volckmann Family Foundation
W. Bruce Cook and Mary Louise Cook Fdn
Your Cause - Adobe
Your Cause - Symantec Corporation

\$250 to \$999

Ackley- Salvatierra Charitable Giving Fund
Vibha Akkaraju
Nahid Aliniiazee
Jill Aufricht
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Liza Baskind
Barbara and Bill Brown
Katrien Burlinson
Barbara and William Busse

\$250 to \$999 (cont.)

Suzanne Delbanco and Sachu Constantine
Jody Domingos
Hilary Duwe
Sean Eirich
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Nicole Garratt and Eric Schulman
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Elizabeth Hill
Trishla Jain and Satyan Gajwani
Tara Kaplinsky
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In-Kind

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Michael Osborne Design
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Wendy Gwyn
Stephanie Flaster
Allison Kroeger
Pam Lozoff
Kris Wolcott

The full donor list can be found on our website.
While we work to assure the accuracy of our donor information, we apologize if any name has been inadvertently misspelled or overlooked.
Please contact office@theartofyogaproject.org with corrections.



Dear Friends,

The Art of Yoga Project has served 8000+ marginalized girls in our local detention and rehabilitation centers, substance abuse recovery settings, agencies serving CSEC (commercially sexually exploited children), Level 14 facilities (for girls with high psychiatric needs), alternative high schools and high schools in gang-impacted communities. We provide developmentally-appropriate, gender-responsive and culturally sensitive rehabilitative services through an intervention that combines yoga and creative arts.

We are now recognized as a national model in a report released by Georgetown Law Center on Poverty and Inequality "Gender and Trauma-Somatic Interventions for Girls in Juvenile Justice: Implications for Policy and Practice". In the report, yoga interventions are recommended as cost effective and sustainable for the juvenile justice system and The Art of Yoga Project is presented as an effective, proven gender-responsive model.

Our Founder, Mary Lynn Fitton, was a contributing editor to the book "Best Practices for Yoga in the Criminal Justice System", a resource guide that explains how to develop, implement, and sustain high-quality yoga programs appropriate for jails, prisons, youth detention centers, and court-ordered programs.

Santa Clara County Office of Education named us as Volunteer of the Year; honoring our work and our teachers at two Juvenile Justice school sites.

We are so grateful for the generous and consistent support of our community. Thank you once again for a wonderful year—for believing in our girls and championing our work. Namaste!

With deep gratitude,

Lisa Pedersen
Executive Director/COO