Programs Overview

- Providing strength-based, trauma-informed, gender-responsive intervention programs to at-risk, exploited and incarcerated youth in San Francisco, San Mateo, Santa Clara, Alameda and Sacramento Counties
- Yoga and Creative Arts Curriculum combines character development, health education, yoga, meditation, creative arts and writing
- Additional Curricula: Wise Inside, Girls Empowered Through Money Mindfulness, Aftercare Creative Arts Catalog, Affiliate Wise Inside Essentials, Wise Inside for Boys
- Continuum of care from juvenile halls and rehabilitation facilities to aftercare sites
- 80+% of youth consistently report improvements in interpersonal skills, pro-social behavior, and emotional regulation outside of class

Board of Directors

Amy Santullo, Chair
Rebecca Padnos Altamirano, Treasurer
Jennnifer Friedman, Secretary
Singmay Chou
Michele Kirsch
Kelli Tomlinson
Rebecca Horsley Bara, Emeritus
Dede Barsotti, Emeritus

Key Staff

Lisa Pedersen
Executive Director/Chief Operations Officer
Mary Lynn Fitton
Founder/Director of Programs

Advisory Board

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Social Justice Activist, Yoga & Body Image Expert
Leslie Booker
Social Justice, Mindfulness & Cultural Responsivity Expert
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Rebecca Epstein, JD
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Yoga & Mindfulness Expert
Giselle Mari
Advanced Certified Jivamukti Yoga Teacher
Kelly McGonigal, PhD
Past Editor in Chief, International Journal of Yoga Therapy, Health Psychologist, Lecturer, Author
Dr. Bruce Perry, MD, PhD
Founder and Senior Fellow of The Child Trauma Academy
Desirée Rumbaugh
Anusara Yoga and Fitness Expert
Dr. Melanie Tervalon, MD, MPH
Pediatrician, Cultural Humility Expert

Youth Advisors

Rocsana Enriquez
Danielle Robinson
Sadie Washington

Office Address
Sobrato Center for Nonprofits - Redwood Shores
330 Twin Dolphin Drive, Suite 131
Redwood City CA 94065
(650) 924-9222

Mailing Address
555 Bryant Street #232, Palo Alto CA 94301
web: www.theartofyogaproject.org
email: office@theartofyogaproject.org
Financials

Statement of Financial Position as of June 30, 2020 [unaudited]

<table>
<thead>
<tr>
<th>LIABILITIES</th>
<th>PPP Loan</th>
<th>$ 60,000</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Total Liabilities</td>
<td>60,000</td>
</tr>
<tr>
<td>NET ASSETS</td>
<td>Unrestricted</td>
<td>528,299</td>
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<tr>
<td></td>
<td>Temporarily Restricted</td>
<td>30,000</td>
</tr>
<tr>
<td></td>
<td>Total Net Assets</td>
<td>$ 558,299</td>
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<tr>
<td>TOTAL LIABILITIES &amp; NET ASSETS</td>
<td>$ 618,299</td>
<td></td>
</tr>
</tbody>
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Statement of Activities for the Year Ended June 30, 2020 [unaudited]

| REVENUE | Contributions | $ 377,741 |
|         | Public Funding | 283,959 |
|         | In-Kind | 34,302 |
|         | Event Income | 9,500 |
|         | Dividend Income | 632 |
|         | Total Revenue without Restrictions | $ 706,134 |
| EXPENSES | Programs | 542,992 |
|         | Management and Administrative | 69,035 |
|         | Fundraising Expenses | 34,276 |
|         | Total Expenses | $ 646,303 |
| Increase [Decrease] in Net Assets | 59,834 |

TEMPORARILY RESTRICTED NET ASSETS

| Contributions | 30,000 |
| Increase in [Decrease] in Restrictions | 30,000 |

NET ASSETS, BEGINNING OF YEAR | 468,468 |
| NET ASSETS, END OF YEAR | $ 558,299 |

Over the past fifteen years, The Art of Yoga Project has served over 10,000 marginalized youth in our local detention and rehabilitation centers, substance abuse recovery settings, agencies serving CSEC (commercially sexually exploited children), Level-14 facilities (for youth with high psychiatric needs), alternative high schools and schools in gang-impacted communities. We provide developmentally-appropriate, gender-responsive and culturally sensitive rehabilitative services through an intervention that combines yoga and creative arts.

Life in the midst of a pandemic has taught us to expect the unexpected. We are living in extraordinary times and the persistent health, safety, and economic inequalities present in our society are painfully exposed. In March, we responded immediately to COVID-19 by transitioning our services to online, live streamed, and recorded classes – a new and challenging approach for our teachers and the youth. We are adjusting to this new distance-learning model and continue to seek creative ways to best meet the needs of our youth safely and effectively.

One thing has become abundantly clear – we are all in this together. We have come to depend especially on the values we teach at The Art of Yoga Project – resilience, creativity, compassion and dedication. For the marginalized youth we serve there is even more isolation and an inability to access key resources. We know youth need our support now more than ever. We remain committed to provide support, connection and care by teaching the tools marginalized youth in our community need to become empowered, accountable and healthy.

We miss physically coming together to see and connect with our students, with our fellow teachers, and with you, our friends and supporters. We look forward to being able to do that soon. In the meantime, we hold you all in our hearts.